

This Valentine's Day, let your love shine like a lamp for others.

Click to watch a video from the Sabarmati Ashram retreat, supported by the Share & Care Women Empowerment and Educate 2 Success Signature Programs. Students come away from these love meditation retreats healed, uplifted, and with a renewed sense of purpose.



Let your love shine like a lamp, brightening the world of others. As Thich Nhat Hahn taught us, true love spreads, touching everyone and everything.



True love does not choose one person.
When true love is there, you shine like a lamp.
You just don't shine on one person in the room.
That light that you emit is for everyone in the room.
If you really have love in you, everyone around you
will profit - not only humans but animals, plants,
and minerals. Love, true love, is that.

True love is equanimity.
THICH NHAT HANH

This Valentine's Day, spread the light of love even further with a gift in honor of a loved one.

[DONATE TO SPREAD THE LIGHT OF LOVE](#)



[MAKE A DONATION](#)

[View as a Web Page](#)

Share & Care Foundation
350 West Passaic St. 2nd Floor
Rochelle Park, NJ 07662
1-201-262-7599

You received this email because you're signed up to receive updates from us.

[Click Here to Unsubscribe](#)

