

— APRIL 07 —

# WORLD HEALTH DAY

— DAY —



Celebrate **WORLD HEALTH DAY** by Bringing Health Education, Screening, and Treatments to Rural India



**TOP:** A patient receives a blood test from a clinician at a CENDECT medical camp.

**BOTTOM:** A patient at a CENDECT clinic receives

## How We Meet the Healthcare Needs of Rural India

The rural Theni district of Tamil Nadu is home to a population of 30,000 people, the majority of whom suffer from non-communicable health conditions like anemia, malnutrition, diabetes, hypertension, and more. **With the support of Share & Care, the CENDECT Community Healthcare Project has established 17 medical camps to screen the population for these conditions, offer preventative education, and distribute treatment resources.**

CENDECT has **screened almost 1,300 community members, 723 of whom were diagnosed with anemia.** These anemic patients were provided with adequate education about their condition as well as iron supplements to return their iron levels to normal. CENDECT's work is **changing lives each day**, improving the overall health and quality of life for the Theni district community.

PROVIDE LIFE-GIVING HEALTHCARE

Mrs. Pavithra is a 31-year-old residing in the Theni district. She had been suffering from dizziness, body aches, and a loss of appetite for some time when a friend informed her about the CENDECT clinic. There, she had her blood tested, and clinic staff found that she was severely anemic. The clinic was able to provide her with iron injections for four weeks, as well as oral supplements to take at home. **After two months, her symptoms disappeared**, and her iron levels were back to normal as a result of the resources and education provided at the CENDECT clinic.

Mrs. Pavithra's Story



Mrs. Deepika, a 29-year-old from the Theni district, learned about the CENDECT clinics after attending a community health awareness program. She came to the clinic with complaints about a lack of appetite, muscle cramps in her legs, and occasional lightheadedness. After collecting a blood sample, the clinic staff found that Mrs. Deepika was not only severely anemic, but she had low platelet and red blood cell counts, as well as poor overall absorption of iron and other nutrients. She began receiving iron injections once a week at the clinic, as well as oral supplements daily. The clinic staff also gave her instructions on how to naturally increase her blood iron levels by consuming more iron-rich foods. **Under the care of the clinic, Mrs. Deepika is now thriving**, with a normal appetite, and is no longer suffering from cramps or dizziness.

Mrs. Deepika's Story



SUPPORT WOMEN LIKE  
PAVITHRA AND DEEPIKA



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