SHARE & CARE FOUNDATION



## Hello friends of Share & Care,

Our second annual 5K Walk/Run is less than a month away, and we have exciting updates to share with those who plan to participate — as well as tips to support our cause no matter where you're located!

To ensure your spot as a participant:

## **SIGN UP NOW**

### Here's what's new:

**SPREADING THE WORD:** If you've signed up to participate, we'd love for you to help us spread the word online. Simply send an image to us at

events@shareandcare.org of you and your friends/family



#### Make a Difference 5K Walk/Run 1K Kids Walk/Run & Family Fun Fair

When: Saturday, June 15, 2019 10:00 AM (1K) 10:30 AM (5K)

Where: Overpeck County Park 199 Challenger Rd. Ridgefield Park, NJ

### **REGISTER TODAY**



A Family-Friendly Event for All Generations

and we'll send it back in our #RunWithMe frame to share on social media.

**FUNDRAISING:** After registering, you'll have access to a personal fundraising page — allowing you to collect donations from friends and family to support Share & Care's healthcare, education, and women empowerment programs. **Unable to join us in person? You can support our cause by making an online donation today.** 

FUN FAIR: Join us for a tantalizing array of foods — from Pau Bhaji, Pani Puri, and Blimpie Sandwiches to scrumptious desserts like



macaroons, cupcakes, and rasgullas. Plus, enjoy lot of games and fun activities for all ages! <u>Click here to</u> register for a booth.

**SPONSORS:** Yes, we are still accepting sponsors! Sponsors will be recognized in our marketing materials and in person at the event, where we expect to host approximately 1,000 attendees. Click here to download the <u>sponsorship form</u>, or email <u>events@shareandcare.org</u> for more details.

**RUNNING PALS:** To make things even more exciting, many participants are creating themed running groups. The "Sassy Scarsdalians," for instance, are a group from New York. (You'll recognize them by their matching headbands!) Registrants from Brown Girl Magazine will be running as their own group as well. We invite you to gather your friends and join the fun, too!

**BABY BASICS DRIVE:** At the event, we will be collecting the following items to support Children's Aid and Family Services, a local nonprofit that provides free supplies to low-income, working families in need:

- Diapers (Sizes 3, 4, or 5)
- Forumula (Similac or Enfamil)
- Baby Wipes
- Laundry Detergent

### Have a question? Want to get in touch?

Please let us know if you have questions about

Members of all levels of Share & Care — from Kids4Kids to the Young Professionals Committee, and more — are coming together to make this an event that empowers and engages the entire community. Will you join us?

LEARN MORE

registration, volunteer opportunities, or other ways you can get involved.

Ready to secure your spot as a participant?



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MAKE A DONATION

#### View as a Web Page

Share & Care Foundation 676 Winters Ave. Paramus, NJ 07652 1-201-262-7599

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