



**HINDU SAMAJ  
MANDIR**

&



**SHARE  
& CARE  
FOUNDATION**

**JOINTLY PRESENT**

# FREE HEALTH & WELLNESS FAIR

**Join us for our 8th Annual Health & Wellness Fair  
on Sunday, October 20**

Hosted by our Healthcare 2 Unreached Signature Program, this annual event brings together residents and medical professionals throughout the local New Jersey and greater New York community.

**It includes the following services:**

- Free checkups for all participants
- Flu vaccinations
- Individual consultations based on results from a complete blood analysis

**Blood Draw Day:**

Sunday, October 13, 2019  
8:30AM – 12PM

**Health & Wellness Fair:**

Sunday, October 20, 2019  
8:30AM – 12PM

**Location:**

Hindu Samaj Mandir  
247 Ramapo Avenue  
Mahwah, NJ 07430

**Medical volunteers will be available to collect blood samples one week prior to the fair (see schedule to the right),** giving them the time necessary to obtain results for the day of the Health & Wellness Fair.

The medical professionals and specialists who kindly donate their time include internists, geriatricians, cardiologists, family physicians, endocrinologists, OB-GYNs, dentists, and more.

[SEE FULL DETAILS](#)

## Warm Wishes for a Happy Gandhi Jayanti

Today we celebrate the birthdate of civil rights activist Mohandas Gandhi, and honor Gandiji's

teachings of nonviolence and independence.

At Share & Care, we are guided by the Gandhian principles of active service and self-sustainability. That's why our programs revolve around providing opportunities — to learn, to thrive, and to rise above the chains of poverty and oppression.

Want to join us in honor of this special day? Click below to contribute to our lifesaving Signature Programs, which bring hope and human rights to India's most marginalized individuals.



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